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DIPLOMA OF APPLIED NLP: THERAPEUTIC COACHING

ACCREDITED BY ANLP (6 DAYS)



Delivery: Three days plus three days

We all go off the rails sometimes – it might be a burst of road rage, reacting badly to criticism or snapping at your boss, a colleague or a family member. Many people have irrational fears, traumatic events, or unhelpful habits that hold them back from their true potential.

The WHATEVER LIFE THROWS Diploma of Applied NLP: Therapeutic Coaching empowers you to move beyond such patterns of behaviour and help others do the same.

Whether you're in a helping profession (from coaches to health practitioners) or working in a corporate environment, this course provides you with invaluable skills that will enable you to feel confident and congruent in coaching people and dealing with whatever challenges they bring with them.

'IF YOU WANT TO JUST ATTEND A COURSE AND TAKE NOTES, THEN DON'T BOTHER. IF YOU ARE COMMITTED TO EXPLORING A WHOLE NEW WAY OF LOOKING AT THINGS AND TO USING A NEW SET OF TOOLS TO HELP OTHERS – AND YOU – ACHIEVE CHANGE, RIGHT NOW, THEN THIS IS THE COURSE FOR YOU'

– CEO, Charity

The **Diploma of Applied NLP: Therapeutic Coaching** builds on the content taught in the WHATEVER LIFE THROWS Diploma of Applied NLP: Coaching and forms the first module of the WHATEVER LIFE THROWS Applied NLP Master Practitioner programme and is accredited by the Association for NLP (ANLP).

BOOK YOUR COURSE TODAY

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DIPLOMA OF APPLIED NLP: THERAPEUTIC COACHING

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The WHATEVER LIFE THROWS Diploma of Applied NLP: Therapeutic Coaching offers an insight into the workings of our unconscious minds and provides coaches with tools and techniques to help them support individuals whose issues go deeper or who may require more targeted support. Many coaches fear unpacking something in their clients that they can't put back together. After this course participants feel confident and congruent working with these deep change issues, knowing there is very little the client can raise that could derail a session.

Even in a corporate setting, it is often difficult to separate personal issues from the work at hand and, without appropriate intervention, these can impact on productivity, for example; burn out, fear of flying, family crises, or previous emotional events can limit performance in the present.

HERE ARE SOME KEY OBJECTIVES WE'LL BE COVERING DURING THE COURSE

- Overcome debt, fear of flying, excess weight, fear of public speaking/leading presentations at work or any other obstacles which may have prevented you from living your dreams
- Develop a range of skills to better support people who wish to resolve past traumas/significant emotional experiences
- Gain strategies to reduce the risk of burn-out and stress and support team members who are experiencing these
- Learn how to believe in your own ability to perform at the highest level in whatever task or activity you choose
- Know that you have all the resources you need at your disposal to deal with whatever a coaching client presents, or to appropriately close an emotional loop

WHAT WE'RE ABOUT

Our interpretation of NLP is both evidence-based and ethical, complemented by learnings from cutting-edge discoveries in positive psychology, neuroscience, quantum physics and more.

The WHATEVER LIFE THROWS training team is led by Neil Almond, a well-respected and sought after international coach, trainer and consultant. He has delivered projects for many of the UK's top organisations, facilitated sessions in Downing Street and has worked with industry leaders including Sir Richard Branson.

Find out more here

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